Viewing Guide: "And That's Why Carbon Is A Tramp" http://www.youtube.com/watch?v=QnQe0xW_JY4.

1:30 -

- 1. What is the level of complexity just below biology?
- 2. What are organic compounds?
- 3. What is meant by carbon being small? How does this affect how carbon can bond and the shapes it can take?
- 4. How does carbon's reactivity compare to sodium's or fluorine's?
- 5. What is meant by carbon 'being a tramp'?
- 6. Which elements does carbon bond with most commonly?
- 7. Why is carbon the foundational element of living things?
- 8. How many electrons does carbon have? How many electrons does carbon have in its outermost (valence) shell? How many more electrons does carbon need to fill its outermost covalent shell?
- 9. What kind of bonds does carbon form?
- 10. In the example given of methane, what does carbon bond with?
- 11. Who was Lewis? Why is he being discussed during this video?
- 12. What is the octet rule? How can that be used to predict how many bonds an atom will form?
- 13. What is the difference between polar and nonpolar covalent bonds?
- 14. How do these compare to ionic bonds?

Viewing Guide: Biological Molecules – You Are What You Eat http://www.youtube.com/watch?v=H8WJ2KENlK0&feature=plcp

- 1. What are biological molecules?
- 2. What are these molecules used for?
- 3. What are the three that will be discussed?
- 4. Who was William Prout? Why did he study urine?
- 5. How did he classify foodstuffs?
- 6. What are carbohydrates? What are they made of?
- 7. What is glucose? How is glucose the foundation of life on earth?
- 8. What are monosaccharides?
- 9. How is fructose similar to glucose? How is fructose different from glucose?
- 10. What are disaccharides? What is sucrose?
- 11. What are polysaccharides? What are they used for?
- 12. What is cellulose? Why can't humans eat grass?
- 13. What is starch (amylose)? How does it compare to cellulose?
- 14. How do humans store carbohydrate energy? What is it used for?
- 15. How do humans store energy, generally?
- 16. What are lipids? How are lipids grouped together? Why can't lipids dissolve in water?
- 17. What makes up fats? What is a triglyceride?

- 18. What is the difference between saturated and unsaturated fats?
- 19. What are unsaturated fats liquids at room temperature and saturated fats solids at room temperature?
- 20. What are trans fats? What are omega-3 unsaturated fats? Why are they essential?
- 21. What is a phospholipid? What do they make up? How do phospholipids behave in water? (Please note the correction in the video!)
- 22. What are steroids? What is cholesterol? What are lipid hormones?
- 23. What are proteins? What some of the classes of proteins mentioned?
- 24. What makes up proteins? What makes up amino acids?
- 25. What is the R group or side chain? How does the R group affect the function of the amino acid?
- 26. What are polypeptides? What shapes do they form?
- 27. What is meant by essential amino acids?