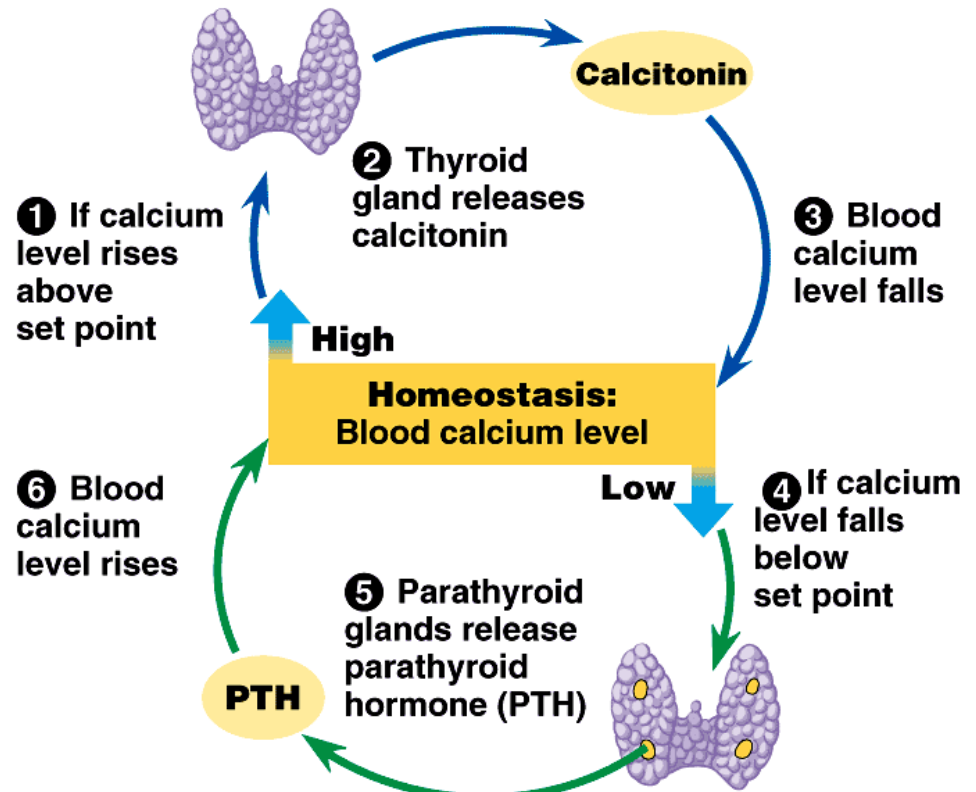




- Endocrine System

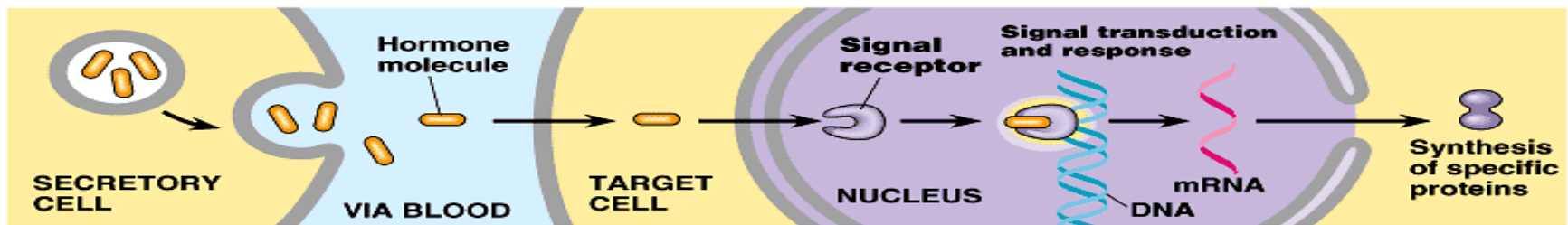
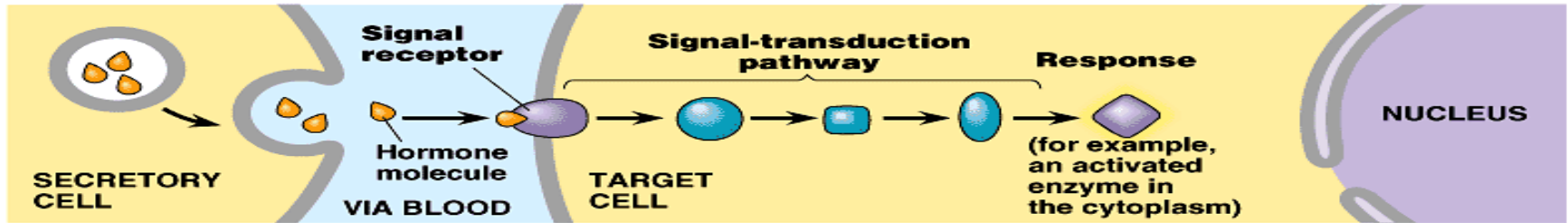
# Regulatory systems

- **Hormone**~ chemical signal secreted into body fluids (blood) communicating regulatory messages
- **Target cells**~ body cells that respond to hormones
- **Endocrine system/glands**~ hormone secreting system/glands (ductless); exocrine glands secrete chemicals (sweat, mucus, enzymes) through ducts
- **Neurosecretory cells**~ actual cells that secrete hormones
- **Feedback mechanisms** ~ negative and positive



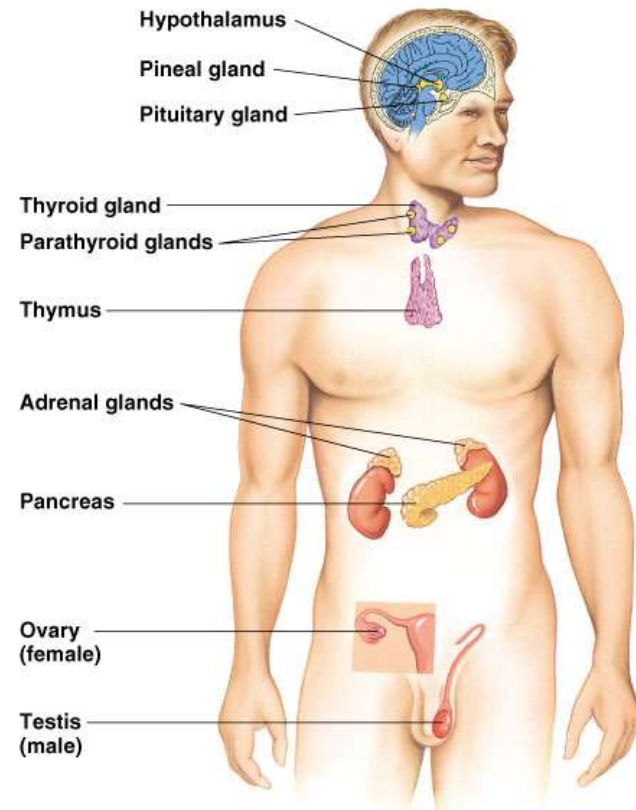
# Mode of Action: Chemical Signaling

- 1- Plasma membrane reception
  - signal-transduction pathways (neurotransmitters, growth factors, most hormones)
- 2- Cell nucleus reception
  - steroid hormones, thyroid hormones, some local regulators



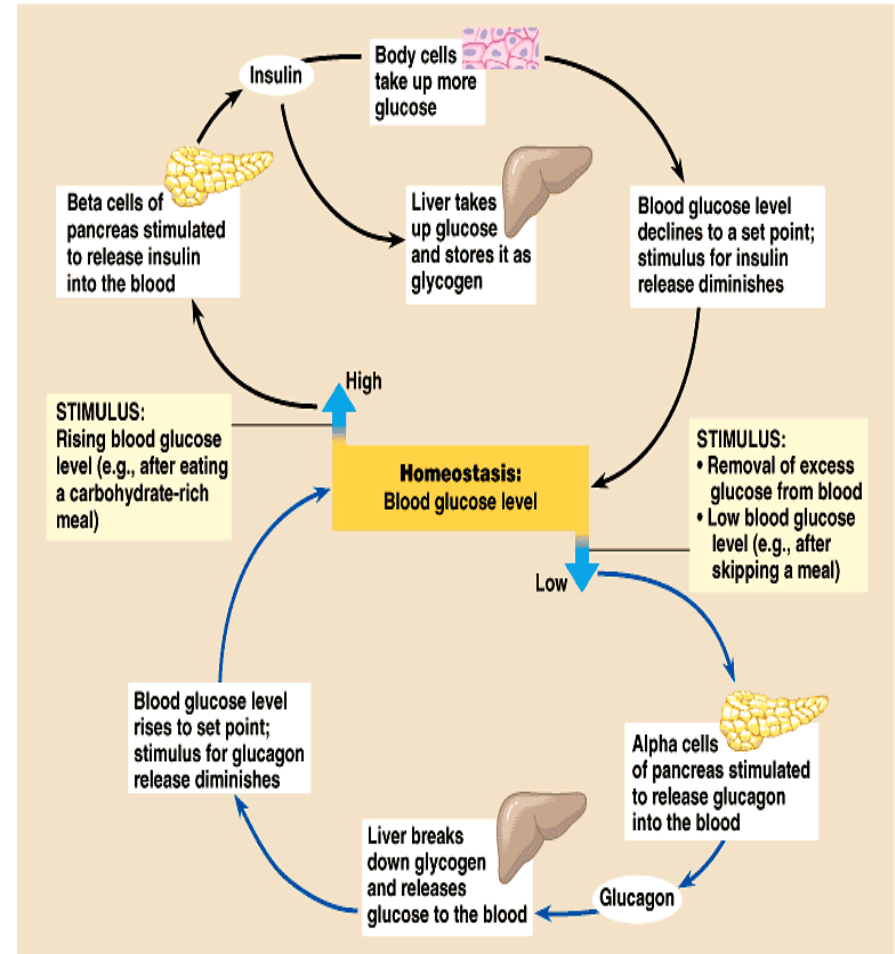
# Vertebrate Endocrine System

- There are many glands in the body, they each secrete specific hormones that cause reactions throughout the body.
- Some even excrete hormones that stimulate other glands to secrete more hormones
- Biological signaling is complex
- Hormones act within an organism while pheromones act between organisms



# The pancreas

- Islets of Langerhans
- Alpha cells:
  - glucagon~ raises blood glucose levels
- Beta cells:
  - insulin~ lowers blood glucose levels
- Type I diabetes mellitus  
(insulin-dependent; autoimmune disorder)
- Type II diabetes mellitus  
(non-insulin-dependent; reduced responsiveness in insulin targets)





# Diagnosis: Diabetes



“It wasn’t really insulin. You don’t have diabetes yet. It was just a warning shot.”

- You will take the roll of a team of doctors with a newly diagnosed patient who has diabetes

- You will need to
  - Review the diagnosis procedure
    - How the disease works
    - Symptoms
    - Tests
    - Risk factors
  - Describe your treatment plan
    - Monitoring
    - Diet
    - exercise
  - Set up a follow up visit





# Your Patient #1

- Ethan is a 4 year old child with juvenile diabetes Type I
- He is an active, happy child and wants to continue to play soccer



# Your Patient #2

- Allen 33, he is overweight and suffers from Type II diabetes .
- He has been heavy since childhood and had a sedentary job.



# Your Patient #3



- Maria is in her 28<sup>th</sup> week of pregnancy and has gestational diabetes.
- She was healthy before her pregnancy and is 27 years old